

## If your child is ill ...

I am happy to care for children with minor coughs and colds but cannot care for children who are unwell, infectious or running a high temperature as it is my responsibility to safeguard all children who attend.

Your child should be well enough to take part in all our usual activities and outings **without requiring medication** or extra care.

Please **do not** send children to play who:

- have had to take childrens paracetamol or ibuprofen because they are unwell, whatever the symptoms. I do not routinely give these medications here either - if your child is ill enough to require them you will be asked to come and collect them.
- have been prescribed any antibiotics in the previous 24 hours. This is in case they have a reaction to the medication, and includes medication they have taken before (even if no prior reaction).
- have had **any** vomiting or diarrhoea in the previous 48 hours (regardless of what you think may have caused it!)
- have any undiagnosed rash - this should be assessed by a medical professional before your child attends.
- has a contagious illness e.g. hand, foot and mouth, eye infection, headlice. Your doctor may tell you that your child can still attend a childcare setting; but unfortunately due to the fact they are so easily passed on I cannot allow them to attend. I will advise on individual cases how long your child needs to stay at home.

## Please KEEP your child at HOME if...



### They have a Fever

A temperature of over 37.5C (99.5F) is a fever

Also check for:  
Persistent cough,  
Shortness of breath,  
Sore throat, swollen  
glands, earache



### They have a Rash

Especially with a fever or itching

Check for:  
Chickenpox, Impetigo  
or Hand, foot and mouth



### They have an Upset Stomach

If your child has been vomiting or had diarrhoea within the last 48 hours they must **STAY at HOME**



### They have an Eye Infection

Thick mucus or pus draining from the eye or swollen face



### They have Headlice or nits

Please check your child's hair regularly and treat immediately



### They are Feeling Unwell

If your child is unusually tired, pale, cranky or lost their appetite, they will be more comfortable at home.



Remember to keep your provider informed when your child is unwell, even when they are being kept at home.



If you or your child are displaying symptoms or have a confirmed diagnosis of **coronavirus**, please **STAY AT HOME!**



If your child has a mild cold, infrequent cough or clear, runny nose and is active, playful and rested, They can **Stay and Play!**



Ensure your provider has up to date **emergency contact details**, allergen and medical information for your child.

**Please help to keep our Setting SAFE for EVERYONE**